



Two Village Church of England Primary School

Two Village C of E Primary School



Sex and Relationship Education Policy



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Sex and Relationship Education Policy

Our school is committed to the teaching of Sex and Relationship Education (SRE). It will be taught as part of our Personal, Social, Health Education and in cross-curricular lessons, e.g. where objectives may be linked to Science. This policy is based on DfE guidance.

Aims

The aims of Sex and Relationship Education (SRE) at our school are to:

- provide a framework in which sensitive discussions can take place
- prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- help pupils develop feelings of self-respect, confidence and empathy
- create a positive culture around issues of sexuality and relationships
- teach pupils the correct vocabulary to describe themselves and their bodies

Concepts such as love, joy, anger, fear, hate, trust, respect, sexual feelings and sexual responses are difficult to describe but need to be explored. Like other areas of health education, sex education is concerned not only with cognitive development but affective development.

A Sequence for Teaching Sex Education

Sex and Relationship Education will be developmental and be appropriate to the age and developmental stage of the child. At Two Village, we follow the Jigsaw PSHE Scheme and Sex Education is taught through this for Year 1 to Year 6. Sex Education lessons are taught within a unit called 'Changing Me' which is taught during the summer term each year. The content of each 'Changing Me' unit of work is listed below.

Early Years

- Sharing and caring at home and at school.
- Friendships.
- Staying safe.
- How we celebrate together.
- Staying healthy – hygiene, food.
- How our bodies change during exercise.
- Growth in people, animals, plants.
- Similarities and differences in nature and between living things.

Year One

- Life Cycles
- Changing Me
- My Changing Body
- Boys' and Girls' Bodies
- Learning and Growing
- Coping with Changes.

Year Two

- Life Cycles in Nature
- Growing from Young to Old
- The Changing Me
- Boys' and Girls' Bodies
- Assertiveness – saying what they like/don't like
- Looking Ahead to Year 3

Year Three

- How babies grow
- Outside body changes



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- Inside body changes
- Family Stereotypes
- Looking Ahead to Year 4

Year Four

- Being unique
- Having a baby
- Girls and Puberty
- Making Changes
- Accepting Change
- Looking Ahead to Year 5

Year Five

- Self and Body Image
- Puberty for Girls
- Puberty for Boys
- Conception
- Looking Ahead – becoming a teenager and responsibilities
- Looking ahead to Year 6

Year Six

- My Self Image
- Puberty
- Girl Talk/Boy Talk
- Babies – Conception to Birth
- Attraction
- Transition to Secondary School

In Year 5 and Year 6 teachers will, in addition, use some of the BBC Teach online materials to supplement the Jigsaw scheme of work-

- *Sex – What's It all About?*
- *Body Image – What is Perfect?*
- *What is Sexual Health?*
- *Puberty – What's Happening to My Body?*
- *Healthy vs. Unhealthy Relationships*

Boys and girls will normally have lessons together but may be split up afterwards for separate follow-up discussion with the class teacher, particularly in Year 5 and Year 6. We shall attempt to deal with questions in a sensitive, open, frank and matter of fact way. Questions concerning homosexuality, sexually transmitted diseases and contraception will be answered if raised.

The Role of Parents

As a school we are well aware that the primary role in children's sex and relationships education lies with parents and carers. We wish to build a positive and supporting relationship with the parents of children at our school through mutual understanding, trust and cooperation. In promoting this objective we:

- Inform parents about the our SRE policy and practice;
- Answer any questions parents may have about the sex and relationships education of their child;
- Take seriously any issue that parents raise with parents or governors about this policy or the arrangements for SRE in the school;
- Inform parents about the best practice known with regard to sex education, so that the teaching in school supports the key messages that parents and carers give to children at home.

Before Sex and Relationships lessons are taught each year, parents will have the opportunity to view resources and comment on the content. Parents have the right to withdraw their child from all or part of the sex education programme. If a parent wishes their child to be withdrawn from sex education lessons, they should discuss this with the Headteacher, and make it clear which aspects of the programme they do not wish their child to participate in. The



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parent/s will need to satisfy the school that they will undertake the SRE education at home. The School must supply SRE materials for parents to use at home if requested.

Confidentiality

Teachers conduct sex education lessons in a sensitive manner and in confidence. However, if a child makes a reference to being involved, or likely to be involved in sexual activity, then the teacher will take the matter seriously and deal with it as a matter of child protection. Teachers will respond in a similar way if a child indicated that they may have been a victim of abuse. If the teacher has concerns they will draw their concerns to the attention of the Designated Child Protection Lead as a matter of urgency.

Monitoring and Review

The Governing Body monitors our sex and relationships policy on an annual basis. The Governing Body gives serious consideration to any comments from parents about the sex education programme, and makes a record of all such comments. Governors require the Leadership team to keep a record of the outline plans, giving details of the content and delivery of the sex education programme that is taught in our school.

Staff consultation: September 2019

Agreed by Governing Body: 7th October 2019

Review to take place annually

To be reviewed October 2020